

Optimizing
Perinatal
Health



02nd - 04th
April 2021

VIRTUAL CONFERENCE

Pre-conference Workshops

- ▶ Ultrasonography in Gynaecology
- ▶ Operative Obstetrics
- ▶ Critical Care in Obstetrics

CONFERENCE HIGHLIGHTS

PANELS



DEBATES



KEYNOTES



**FREE
COMMUNICATIONS**

Organised by
Obstetrics & Gynaecological Society of Northern India

WELCOME MESSAGE



Greetings from the organizing team North Zone Yuva FogsI Chandigarh 2020.

It is our proud privilege to announce “North Zone YUVA FOGSI 2020” under the aegis of Federation of Obstetric and Gynaecological Societies of India (FOGSI). It will be held from 2nd – 4th April 2021, on virtual platform to allow maximum participation.

The Theme for the conference is “Optimizing Perinatal Health”

The conference is designed to provide the academic activity of the highest order, comprising lectures symposia and interactive sessions in the various areas of Obstetrics & Gynaecology on current topics & techniques by reputed international and national faculty. There will be an opportunity for residents and young gynaecologists to expose themselves to the fundamentals of obstetrics and gynaecology in an interactive and hands-on manner, so as to maximize interest, knowledge retention, and skill development.

We again cordially invite you to join us in this endeavour and enrich the virtual conference by contributing your vast, valuable experience in the field of Obstetrics & Gynaecology.

Warm wishes and sincere regards

From Team North Zone Yuva FogsI 2020



Dr. Vanita Suri
Organising Chairperson



Dr. S. C. Saha
Organising Secretary

PEARLS OF ORGANISING COMMITTEE



OFFICE BEARERS 2020



Dr. Alpesh Gandhi
President



Dr. Shantha Kumari
President Elect



Dr. Nandita Palshetkar
Imm. Past President



Dr. Jaydeep Tank
Secretary General



Dr. Ragini Agarwal
Vice President



Dr. Anita Singh
Vice President



Dr. Archana Baser
Vice President



Dr. Atul Ganatra
Vice President



Dr. T. Ramini Devi
Vice President



Dr. Madhuri Patel
Deputy Secretary General



Dr. Suvarna Khadilkar
Treasurer



Dr. Parikshit Tank
Jt. Treasurer



Dr. Sunil Shah
Jr. Secretary

WORKSHOP

Pre-congress workshops

2nd April 2021 | 3:00 pm to 8:00 pm

HALL A

Ultrasonography in Obstetrics & Gynecology - Sound Vision, Less Confusion

- **Understanding the basics of Ultrasonography & equipment**
- **Fetus, the Focus**
 - » First trimester ultrasound & uterine artery Doppler - how to perform?
 - » Level II scan & detection of common malformations
- **Ultrasonography of uterus & ovaries: common gynecological pathologies**
- **Imaging in infertility -Follicular dynamics & endometrial receptivity**

HALL B

Critical Care in Obstetrics - Building Confidence & Competence

- **Critical care - Need of the hour**
- **Session on hemorrhage - Estimation, fluid control, management, case scenarios**
- **Panel discussion - Case scenarios**
 - » Comatosed parturient
 - » Breathlessness during pregnancy
- **Understanding the HDU guidelines**
- **Sessions on Hypertension - Diagnosis, oliguria fluid management, Seizure & optic nerve, Case scenario**
- **Panel discussion - Case scenarios**
 - » Sepsis in obstetrics
 - » Jaundice at term
- **Transfer of sick patient**
- **Perimortem cesarean section**

HALL C

Operative Obstetrics - Evidence Verus Practice

- **Quick recap** - Anatomy of Pelvis & abdomen - Pertaining to Vaginal Delivery & Cesarean
- **Let's begin** - Operative obstetrics in early pregnancy
 - » Techniques of Cervical cerclage
 - » Suction evacuation
 - » Hysterotomy
- **Learning obstetrical art** – when going gets tough in 2nd stage
 - » Instrumental delivery (Forceps & Vacuum)
 - » Repair & Re-create - cervical/ perineal / vaginal tear
- **Unseen challenges in vaginal birth** - Shoulder dystocia, uterine inversion, stubborn placenta
- **Knowing the art of Cesarean Section - Tips + Tricks**
- **Predict , Prevent & Manage PPH** - Procedure beyond medication
 - » Compression sutures
 - » Step wise devascularization
- **Peri-partum hysterectomy**

PROGRAM UNFOLDS

3rd April 2021 | Day 1 - Saturday

HALL A

Optimizing Perinatal Health

- **Confusion to clarity**
 - » Unravelling the truth; finding solutions - Recurrent pregnancy loss
 - » Metabolomics in preterm labour - Novel approach to predict & prevent
 - » Optimizing outcome in hypertensive disorders of pregnancy
- **Preventing the preventable - Rule of Golden hour**
 - » Thromboprophylaxis in obstetrics - Beware , take care
 - » Antibiotic prophylaxis in obstetrics - One must know
 - » Post-partum hemorrhage- Predict, Prevent & Prepare
- **Controversies-Do you want to solve? Point-counterpoint-Debates**
 - » Isolated oligohydramnios Induce or not?
 - » Macrosomia: to induce or not?
 - » Cesarean myomectomy: to do or not?

Inaugural sessions & Orations (President, Vice president)

- **Expert at crossroads - Panel discussion on Aneuploidy screening**
- **Breaking the Silence of Still birth**
 - » Why, Where and how babies die in India - Key note
 - » Overview and burden of stillbirths
 - » ICD-PM - A newer system to classify stillbirths
 - » Fetal Growth Restriction - Detection and management for better outcome
 - » Panel on still birth - Case based discussion; when to scare /when to reassure
 - » Stillbirth : The Mental anguish
 - » Bereavement care following stillbirth-unfulfilled need

PROGRAM UNFOLDS

3rd April 2021 | Day 1 - Saturday

HALL B

Gyne-oncology and Fertility Preservation

- **Recent Updates on Gynecological Cancer**
 - » Impact of current cervical cancer staging
 - » Genomics of Gynecological cancer
 - » Endometrial cancer - A new perspective
- **Stump the experts - Challenging clinical scenarios**
 - » Early stage Ca endometrium
 - » Molar pregnancy follow up
 - » Young with adnexal mass
- **Young women with malignancy**
 - » Ovarian cancer in young - What is more in management
 - » Borderline tumors-Scare or Reassure
- **Screening the unscreened- Preventive oncology**
 - » HPV testing as primary screening test- feasibility in Indian scenario
 - » Ovarian cancer screening -Do we have effective tools?
- **Inaugural sessions & Orations**
- **Listen to the experts: fertility preservation in Gynaecological malignancies**
- **Roadmap to advance laparoscopy – Uterus & beyond**
 - » Laparoscopy for SUI and prolapsed uterus
 - » Role of laparoscopy in uterine anomaly
 - » Myomectomy for fibroid uterus - Tips & Tricks
 - » Robotics in Gynecological surgery - Let's know the basics
 - » Radical hysterectomy - Refining our skills
 - » Difficult hysterectomy - Knowing trouble shooters
 - » Abdominal cerclage - From the mouth of masters
- **Urogynecology – Incontinence to continence**
 - » Approach to stress urinary incontinence – Besides surgical options
 - » Vesico-vaginal fistula-Preventive & Practical tips
 - » Optimal management of cystocele - Illness to wellness
 - » Dysbiosis to Eubiosis - Role of vaginal specific microbiota in vaginal health

HALL C

Free communications

Inaugural sessions /orations

PROGRAM UNFOLDS

4th April 2021 | Day 2 - Sunday

HALL A

Optimising Perinatal Health

- **Obstetrics Potpourri**
 - » Tackling anemia in pregnancy
 - » What is new against old enemy :GDM
 - » Rh isoimmunization-Optimizing outcomes
 - » Higher order pregnancy- Revisit & Revamp
- **Non-communicable diseases in pregnancy : Listen to the experts - Panel discussion**
 - » Pregnancy with severe MS
 - a. BMV in Pregnancy
 - b. MVR
 - » Pregnancy with SLE? epilepsy
 - » Chronic kidney disease
 - » Thrombocytopenia
- **Orations, key note/Yuva**
- **Clinical basket in obstetrical practice**
 - » Life threatening Infections in pregnancy
 - » Vaccination in pregnancy
 - » Stem cell banking :Feasibility & applicability in Indian scenario
- **Expanding the umbrella of contraception at extremes of age -Panel discussion**
 - » Adolescent
 - » >35Years
 - » Perimenopausal
- **Journey from womb to world**
 - » Interpretation of cardiotocographs- how to overcome challenges
 - » Digital partograph – A new innovation
 - » Revisiting the vanishing art of second stage instrumentation
 - » Salvaging the Newborn : What obstetrician should know

PROGRAM UNFOLDS

4th April 2021 | Day 2 - Sunday

HALL B

- **Panel on Cosmetic & Regenerative Gynaecology**
 - » 4th dimension of cosmetic surgery
- **Reproductive endocrinology & infertility**
 - » Approach to primary amenorrhea
 - » PCOS-Resolving dilemma
 - » Low cost IVF -Solutions for less affording
 - » Male sexual dysfunctions & infertility-Breaking the ice
- **Orations, key note/Yuva**
- **Clinic to Court**
 - » Revisiting the acts
 - a. MTP
 - b. POCSO
 - » Challenging case scenarios
 - a. MTP> 20 weeks-
 - b. Surgical emergency(ruptured ectopic)in unmarried
 - c. Examination of rape victim
 - d. Pregnancy after sexual assault
 - e. Panel on consent & case scenarios
- **Sailing through turbulence – Experience in Covid era**
- **Miss to Near Miss – Obstetrical bundle of interesting cases**

IMPORTANT CONTACTS

Dr. Vanita Suri

Organizing Chairperson
Mobile: +91 9914209346

Dr S. C. Saha

Organizing Secretary
Mobile: +91 7087009353

Dr. Bharti Joshi

Convenor
Mobile: +91 9915166210

For Other Queries

Mr. Gurmeet Singh
Mobile: +91 9911230326
Email: projects7@meetingsnmore.com



Conference Secretariat:

PGIMER Nehru Hospital Department of Obstetrics and Gynecology,
F Block 3rd Floor Room No. 2, Nehru Building, Chandigarh

Contact Person - Mr. Naveen | +91 9855560710

Mr. Prayas | +91 9017855876

Telephone: +91 0172 - 2756345

Web: www.yuvafogsi2020chandigarh.com

Virtual Conference Partner:



For more details, please contact:

Professional Conference Organizer, 56, Institutional Area,
Sector - 44, Gurugram - 122002, Haryana, India

Mr. Gurmeet Singh | Mob: +91 9911230326

Email: projects7@meetingsnmore.com

Web: www.meetingsnmore.com

Email: yuvafogsi@ggimr2020@gmail.com